

BREAKFAST

WE WILL BRING TO YOUR TABLE YOUR CHOICE OF:

Teas – English Breakfast, Earl Grey, Red Berry, Green Tea, Chamomile or Mint (gf, df, nf, v, ve)

Cafetière Coffee – from Cornish Coffee, ground in Cornwall (gf, df, nf, v, ve)

Hot Chocolate (gf, nf, v)

Accompanied by white or brown toast (go, df, no, v, ve)

Decaffeinated tea and coffee available.

CONTINENTAL BREAKFAST

Selection of Freshly Baked Pastries

(no, v)

Fresh Fruit Platter, Fruit Salad and Choice of Fruit Juices (gf, df, nf, v, ve)

Smoothie of the Day (ask for allergen information)

Selection of Breakfast Cereals

(go, df, no, v, veo)

Home-Made Flapjack (go, do, no, v, veo)

Yoghurt Bar – selection of toppings

(go, do, no, v, veo)

Selection of Cured Meats and Cheeses

(go, do, nf, vo)

FROM THE KITCHEN

Full Cornish Breakfast (go, df, nf)

Bacon, Cumberland sausage, Cornish hogs pudding, mushrooms, confit tomato, baked beans, black pudding, hash brown and egg of your choice

Eggs Benedict (go, do, nf)

Bacon, poached eggs and Hollandaise sauce on a toasted English muffin

Eggs Royale (go, do, nf)

Smoked salmon and poached eggs on a toasted English muffin, finished with Hollandaise sauce and herb oil

VEGETARIAN / VEGAN

Vegetarian Breakfast (go, df, nf, v)

Vegetarian sausage, mushrooms, confit tomato, baked beans, spinach, hash brown and egg of your choice

Vegan Breakfast (go, df, nf, v, ve)

Vegetarian sausage, mushrooms, confit tomato, baked beans, spinach, hash brown, and turmeric scrambled tofu

Waffles (do, nf, v, veo)

With berries, natural yoghurt and honey

Creamy Porridge (go, do, nf, v, veo)

Please help yourself to toppings from the buffet

Eggs and Soldiers (go, do, nf, v)

Boiled eggs cooked to your liking, with your choice of white or brown toasted soldiers

Ask us about our daily breakfast specials.

If there is something else you would like that is not on the menu, please do ask.

All items on our menu are subject to availability of fresh produce.

Where possible we support our local community by using local produce.

To help us to cater for guests with food allergies or sensitivities, please do inform us and we will make every effort to accommodate your needs. Our food is not prepared in a nut free environment.

